



ICCR



## Ubuntu - Yoga International Conference

### **UBUNTU – YOGA INTERNATIONAL CONFERENCE - 2021**

**Focus** – Yoga for universal wellbeing

**Theme** – Finding commonalities between African and Indian Traditions

**Organizers** – ICCR supported by AYUSH

**Coordinators** – Dr. Shaarduli and Rajiv Terwaadkar

**Date** – 21<sup>st</sup> and 22<sup>nd</sup> June 2021

**Venue** – Virtual

**Target Area** – World wide through Africa

**Audience** –

Global audience seeking for solutions from African and Indian Traditions in the current era with special reference to COVID 19 Pandemic.

More than 78000 African Healers from Traditional Healers' Organization in South Africa and students of IKS-Africa and Yoga throughout the world are the focused audience of this conference.

Also students, academics and enthusiasts from global Institutions and universities having IKS – Africa and Yoga therapies in curriculum.

**Concept -**



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A very first global virtual conference bringing together Africa and India on the basis of their respective Indigenous Knowledge Systems with the aim for “finding commonalities between African and Indian Traditions” having global gurus in field of IKS-Africa and Yoga, enlightening the global audience through their interactive sessions and panel discussions.

While high tech research is conquering new heights, Traditional Health Practices are attracting people worldwide with its own unique way to balance this juggle of work and life.

Instinctive curiosity of mankind led to our traditional wisdom and knowledge of healing appeared as universal enlightenment and was preserved, restored, researched and carefully handed over as heritage of every civilization, every culture.

And here we are, on that wonderful stage, where we will be bringing two ancient yet powerful cultures and wisdoms together on this global stage for finding commonalities between two healing systems from two different ancient traditions.

It's going to be great journey of understanding IKS-Africa and Yoga as ancient keys for decoding the potions for these modern health hazards like COVID19, Diabetes and social problems like Crime, Mental Trauma, Addictions, to find sustainable solutions regarding inclusion of a few well researched guidelines in lifestyle.

In this event, we propose to present health perspectives offered by traditional healing practices of Africa, a majestic continent that being ‘Cradle of mankind’, connects to baby steps of inquisitive modern-age human and proudly showcasing biodiversity, cultural diversity & traditional wisdom.

We are grateful to all of the institutions and dignitaries who made this possible to hold this first ever platform bringing together two sister sciences, African Healing Systems and Yoga, especially a very curious group of over 78000 delegates from Traditional Healers’ Organization taking this ahead for further research.